

## Life Group Homework

“Feel The Burn”

James 1:1-18

1. Describe a time when you pushed your body to its physical limits.
2. Is it really possible to experience “pure joy” from trials in your life? If so, how? (2-4,12)
3. Read 2 Corinthians 1:8-10. What does this passage teach us about times in our life that seem overwhelming?
4. What are some lessons that you have learned from past trials?
5. How do you know if wisdom in a given situation comes from God and then how can you get yourself to believe it and not doubt? (vs. 5-8)
6. Why do you think James said what he did in vs. 9-11? Share an example of a wealthy person who really used their wealth for God.
7. Read I Corinthians 10:13. What reassurance does this verse give you in regards to temptation?
8. Make a list of some of the “*good and perfect gifts*” that God has given you. Try to think “outside the box” as you come up with this list. Spend some time as a group thanking God for these gifts.